

A Thousand Mile Adventure

	Hiking	Bicycles	Horses	Length (in miles)	Directions
Kanopolis State Park					
Horseshoe Trail	✓	✓	✓	24.2	From Salina, West on Rte 143 for 21 miles, South on K-141 for 9 miles to park entrance.
Kanopolis Split Boulder Bike Trail	✓	✓	✓	1.8	
Wildlife Area Viewing Trail	✓			.8	
	Total length			26.8	

For more information, please see these Web sites:

City of Manhattan	Walking	Bicycles	Increases	Length (in miles)	Directions
Manhattan Linear Park Trail	✓	✓	✓	8.7	From 18 St. to 90th Street, E. to Park to E. 90th St. Manhattan Rd. W. to Park
Rocky Front Trail	✓	✓	✓	1.0	From 24th St. to 30th St. on Manhattan Rd. W. to Park
Blue Paths at the Blue River	✓	✓	✓	2.0	From Manhattan Linear Park to 90th St. W. to Park
Circle Park Fitness Path	✓	✓	✓	0.5	From 91 St. to 92nd St. on W. 90th Street
8 Weeks Trail	✓	✓	✓	1.0	From 93 St. to 94th St. on W. 90th Street
Armstrong Park Trail	✓	✓	✓	1.8	From 95 St. to 96th St. on W. 90th Street
Clemensburg Trail	✓	✓	✓	1.1	From 97 St. to 98th St. on W. 90th Street
Kelly Heath Campus Trail	✓	✓	✓	2.0	From 99 St. to 100th St. on W. 90th Street
KDU Health Campus Trail	✓	✓	✓	1.0	From 101 St. to 102nd St. on W. 90th Street
Manhattan Trail	✓	✓	✓	1.0	From 103 St. to 104th St. on W. 90th Street
Market Park Memorial Trail	✓	✓	✓	1.0	From 105 St. to 106th St. on W. 90th Street
NE Community Park Trail	✓	✓	✓	1.7	From 107 St. to 108th St. on W. 90th Street

City of Topeka	Hiking	Bicycling	Horses	Length in miles	Directions
Manhattan Park Trails	✓	✓	✓	7.25	From 710 N. on Fairview, W. on Cedar Circle, S. on 10th St. to 10th St. on Fairview Rd.
Shiloh Trail	✓	✓	✓	9.0	From 710 N. on 10th St. From 710 N. on 10th St. on Fairview Rd.
Commonwealth	✓	✓	✓	7.0	From 710 N. on California Ave. E. on 20th St. to 20th St. on California Ave.
Shiloh	✓	✓	✓	10.0	From 710 N. on Fairview Rd. E. on 20th St. to 20th St. on Fairview Rd.
Lake Shawnee Trail	✓	✓	✓	5.0	From 710 N. on Fairview Rd. E. on 20th St. to 20th St. on Fairview Rd.
Deep Creek Trail	✓	✓	✓	5.0	From 710 N. on Fairview Rd. E. on 20th St. to 20th St. on Fairview Rd.
Shiloh North	✓	✓	✓	1.5	From 710 N. on Fairview Rd. E. on 20th St. to 20th St. on Fairview Rd.
Shiloh South	✓	✓	✓	1.5	From 710 N. on Fairview Rd. E. on 20th St. to 20th St. on Fairview Rd.
Shiloh West	✓	✓	✓	1.5	From 710 N. on Fairview Rd. E. on 20th St. to 20th St. on Fairview Rd.
Southern Creek Trail	✓	✓	✓	1.9	From 710 N. on Fairview Rd. E. on 20th St. to 20th St. on Fairview Rd.
State Historic Museum Trail	✓	✓	✓	1.9	From 710 N. on Fairview Rd. E. on 20th St. to 20th St. on Fairview Rd.
Kan River BP	✓	✓	✓	3.0	From 710 N. on Fairview Rd. E. on 20th St. to 20th St. on Fairview Rd.

First Hills Nature Trail	Along Escarpment	Through Houses	Length (mi/km)	Directions
First Hills Trail at Hargreaves	✓	✓	1.4	From Hwy 66 at Hargreaves, 1.5 mi SW
First Hills Trail at Council Grove	✓	✓	3.5	From Hwy 66 at Council Grove, 5 mi N
First Hills Trail at Allen	✓	✓	10.7	From Hwy 66 at Allen, 5.3 mi NE
First Hills Trail at Weaver	✓	✓	5.9	From Hwy 75, west on I-35, Main Avenue SW, 12 miles
First Hills Trail at Randall	✓	✓	3.9	From Randall, E. on Main 1 mile, S. on I-35 1/2 mi
Total length:			26.4	

21	Johnson County	Hiking	Bicycles	Horses
	Shawnee Mission Park Bike Trail	✓	✓	
	Shawnee Mission Park Equestrian Trail		✓	
	Shawnee Mission Park Southside Trail	✓		
	Shawnee Mission Perry Trail	✓		
	Tamahawk Creek Trail	✓		
	Overland Park Administration Trails	✓		
	MACTA Equestrian Course			✓
	Heritage Park Trails	✓		
	Gary Haller Trail	✓		
	Indian Creek Trail	✓		
	Linn Rd Creek Trail	✓		
	K8 Creek Equestrian Trail	✓		
	K8 Creek Hiking Trail	✓		
	K8 Creek Biking Trail	✓		
	K8 Creek Park Trail	✓	✓	✓
	K8 Creek Wilderness Trail	✓	✓	
	85th St. Path	✓	✓	

For more information, please see these Web sites: